



UUSAC Staff News

A University of Utah Staff Advisory Council Publication

Summer 2002

President's Message

A tremendous amount of work by UUSAC members and other U. staff has made this a banner year for the University community.

• **Presidential Staff Award** – The UUSAC Salary, Wages and Benefits committee (SWAB) proposed increasing the Presidential Staff Award. President Machen supported the proposal and increased the monetary award for each winner from \$1000 to \$3000. Next year the number of recipients will increase from four to six. This award is the U.'s premier recognition of excellence among staff.

• **University Committees** – This year, UUSAC proposed to the faculty Personnel and Elections (P&E) committee that U. committee charters be revised to make UUSAC the group responsible for selecting staff to serve on U. committees. By working with the P&E committee, the proposal was revised and accepted first by the P&E committee and then by the faculty Senate and Board of Trustees.

• **Service Projects** – The UUSAC Communications/Publications committee sponsored service projects throughout the year. UUSAC worked with the Bennion Center to organize a drive to provide hygiene kits for the Crossroads Urban Center and children's books for the Head Start Program. They also organized a successful blood drive in the spring in cooperation with ARUP, and secured a donation from the U of U Credit Union for \$750 to assist the Utah Food Bank.

I personally wish to salute all U. staff that served beyond the call of duty. This unselfish service makes the U. a better place to work and learn.

- Bill Johnson, President, UUSAC

Shining Examples of Excellence

UUSAC would like to recognize two staff members who recently received awards from the U of U. JoAnn Hulbert-Eagan was presented the Philip and Miriam Perlman Award for her dedication as a student counselor and adviser. Debbie Gae Carlson was named the 2002 Lillian Ence Award of Excellence winner for her contributions and service during her 27 years at the U.

2002 Lillian Ence Award of Excellence Winner



Debbie Carlson
Administrative Assistant

Congratulations to Deborah Gae Carlson, winner of the 2002 Lillian Ence Award of Excellence. Debbie, an administrative assistant for the Associate Vice President of Facilities Management, has served the U. community for more than 27 years.

It only takes a few minutes with Debbie to understand why she has joined the ranks of the other winners of this prestigious award. She demonstrates a warm and caring approach towards people, shows excellence in service and has a keen sense of responsibility and loyalty. Her boss, Randy Turpin, stated, "Debbie has displayed the same characteristics and qualities that endeared Lillian Ence to this great institution of ours."

Debbie feels privileged to serve the students, faculty and staff as well as the greater mission of the University of Utah. She notes that while she has enjoyed many memorable experiences, those at the top of her list include, "the successful accomplishments of my boss and the facilities management group," and being nominated and selected for the Lillian Ence "Diploma of Excellence" Award.

Philip and Miriam Perlman Award Winner



JoAnn Hulbert-Eagan
Academic Adviser

JoAnn Hulbert-Eagan's expertise in student counseling has taken her from the Center for Disability Services where she worked from 1994 to 2001 advising students with learning, psychological, and physical disabilities to the Athletics Department where she currently helps students select their courses of study and monitors their academic performances.

Chris Reilly, Athletics' Academic Coordinator, said, "JoAnn came to work in the athletics department in March of 2001. Since then, she has worked very hard to learn the ins and outs of Division One athletics and what it takes for the athletes to succeed academically. JoAnn's strengths lie in her commitment to each student and her willingness to give up her own time to counsel students when they need her. We feel lucky to have JoAnn in the department."

"JoAnn has been an outstanding addition to our staff," said Assistant Athletics Director, Mary Bowman. "She is a student-athlete advocate and gives each athlete the time and attention (plus more) that they need. She is extremely thoughtful and kind, and always has a smile on her face."

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Outdoor Recreation Program Relocates to Fort Douglas

If you wandered over to the Outdoor Recreation Program (ORP) near Parking Services to rent a tent, sleeping bag or canoe during the past couple of months, you were surprised to find the old “shop” torn down and a major construction zone in its place. Well, fear not, the Outdoor Recreation Program is still on campus, just in a new location. After 26 years serving students, faculty and staff from their location south of the Huntsman Center, the ORP has relocated to the historic Fort Douglas Bathhouse, just south of the Heritage Center.

The old bathhouse has been completely renovated, and the program is now up and running in its new home. All of the services you’ve come to know and love are available, including rental equipment, cooperative adventure trips, a resource center to help you plan your own trips, and all the rest. To find the new location, just head up into Fort Douglas from South Campus Drive, and follow the signs. You can also get there off Wakara Way in Research Park.

There’s still plenty of summer left so you can get outside and play, and the Outdoor Recreation Program will continue to provide the best equipment and all the information you need to help you enjoy Utah’s scenic wonders! For more information, call the ORP at 581-8516.



The Outdoor Recreation Program is now located in the Fort Douglas Bathhouse, south of the Heritage Center.

Campaign for Our Community Department Representatives Needed

We are once again gearing up for the Campaign for Our Community, the University’s annual charitable giving campaign. Letters have been sent requesting that every department select an employee to serve as their department representative to the campaign. Being a department representative is very easy! You will attend one training meeting and then explain the campaign to the employees in your department.

There are still many departments that have not yet selected a department representative, and we want to be sure that every department on campus has the opportunity to hear about and participate in the campaign. If your department has not yet selected a representative, please contact Cindy Nielsen at ext. 1-5950 or cnielsen@arc.utah.edu.

Campus Recreation Resources Available to Staff Year Round

<http://www.utah.edu/campusrec/>

Recreational Facilities for both indoor and outdoor sports, as well as fitness facilities and classes, are available for use by University personnel and families through Campus Recreation. Annual fees range from \$82 for a single pass to \$172 a family pass that includes spouse and children. For more information, phone 581-3760.

- The **University Golf Course** provides staff with the opportunity to play nine holes of golf in under two hours at a very reasonable fee and is open from dawn to dusk. (581-6511)
- **Outdoor Recreation** offers trips and outings at reasonable rates as well as the opportunity to rent high quality outdoor equipment. (581-8516)
- There are two recreation complexes, including **HPER** and the **Field House**. The HPER Complex is home to gymnasiums for basketball and volleyball, a weight room (free weights), a circuit weight room, racquetball courts and swimming pools. The Field House is a recreation center for all your fitness needs. Amenities include circuit weights, cardio machines, five indoor tennis courts, seven hand ball/racquetball courts, four squash courts, a 200-meter jogging track, a dance studio, table tennis equipment, locker rooms/showers, and saunas and whirlpools.

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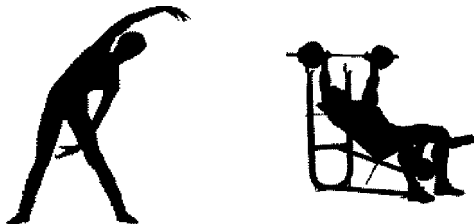
Reach Your Fitness PEAK

Do you want to add an exercise plan to your busy schedule but just can't find the time, the money, the equipment or the instruction necessary to get moving? Try the PEAK Academy on campus! The PEAK (Performance Enhancement through Applied Knowledge) Academy offers exercise courses in association with the Department of Exercise and Sports Science within the College of Health. The courses allow the ESS faculty to provide practical training education for their undergraduate and graduate students while providing professional-level services to the University community.

Traci Thompson, M.S., Clinical Director, relates that each semester, the PEAK Academy offers 12 to 25 different classes during the morning, lunch hour and evening. Classes are generally fifty minutes, cost an average of \$40 for the semester and are taught in the HPER building. Aquatone, "bootcamp," cardio circuit, circuit training, JazzerciseR, indoor cycling, PilatesR, triathlon training, stretch and strengthen, weight training, and yoga are offered frequently. UTAHFIT is specifically designed for beginning exercisers. This research-based class encourages participants to learn effective behaviors and teaches different types of physical activities (indoor cycling, walking, circuit training, etc.). The \$55 fee includes a digiwalker and pre- and post-intervention fitness testing. Fall semester will feature a ski conditioning class and a walking class.

Every semester between 150-250 University faculty, staff members and retirees participate in PEAK classes. Between five and 15 percent of the participants are new to the classes each session and come from all areas of campus. PEAK also offers cholesterol screening for \$15 and a variety of fitness tests by appointment.

So, get out of bed, skip that trip to the fast-food eatery, and don't hurry home to the sofa. Instead, stop by the PEAK Academy office in HPER-East, Room 215, for more information or go to the Web at <http://www.uuhsc.utah.edu/peak/> to sign up for fall semester classes. Play hard!



Human Resources Open House

August 8-9 • 420 Wakara Way

www.med.utah.edu/hr

Did you know that Human Resources has moved to Research Park, just northeast of the Marriott Hotel on Wakara Way? If you have not stopped by to see our new facilities, make sure to join us for the open house on August 8 and 9. Stop by and check out our new services and facilities. Take a private tour of the building with an HR representative. There will be great giveaways and food! We hope to see you there!



Our Utah Man

Randy Turpin recently retired from the University of Utah after 41 years.

Best wishes, Randy!



UUSAC: It's About YOU!

Check us out at: www.utah.edu/uusac/

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U of U Staff Advisory Council

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If you have story ideas or comments regarding information in this publication, please contact Nanette Richard at 581-3708 or nrichard@alumni.utah.edu.

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